



A Practical Guide to Keeping Yom Kippur

Produced by The Quantum Academy

Written By
Elzaan Da Camara

Fourth Edition: September 2025

This book or parts thereof may not be reproduced in any form, stored in a retrieval system, or transmitted in any form by any means—electronic, mechanical, photocopy, recording, or otherwise—without prior written permission from Healthy Vibes T/A The Quantum Academy.

Unless otherwise noted, all Scripture quotations are from the Complete Jewish Version of the Bible & The Amplified Bible.

Copyright © 2025 by Healthy Vibes T/A The Quantum Academy, All Rights Reserved.

This is a product of Healthy Vibes T/A The Quantum Academy.

For further information please contact us at:

Tel: +27 (0) 76 858 3854

E-mail: quantumacademysa@gmail.com

Website: www.thequantumacademy.co.za

Contents

What is Yom Kippur?	4
Important Dates – Fall Feasts 2025	7
Yom Teruah / Feast of Trumpets	7
Yom Kippur / Feast of Atonement	8
Sukkot / Feast of Booths.....	8
Scripture Readings on Yom Kippur.....	9
Food and Celebration Ideas for Yom Kippur.....	10
Preparation.....	10
Pre-fast menu (before sunset, before the start of the fast).....	11
Post-fast menu	11
How to celebrate Yom Kippur	11
Yom Kippur Prayers.....	13
Prayer of Repentance	13
Prayer of Gratitude.....	14
Yom Kippur Teaching: 666 and the Spirit of Knowledge	15
The Mixing of Seed.....	16
The Mark of the Beast	18
What is the Antidote?	22
The Spirit of Knowledge	22

What is Yom Kippur?

Yom Kippur is also known as the Day of Atonement or the Day of Judgement for all mankind, it is seen as the most holy day of the year, and the central theme to this feast is atonement and repentance.

Hosea 14:1-2

Amplified Bible

*O Israel, return [in repentance] to the Lord your God,
For you have stumbled and fallen [visited by tragedy], because of your sin.
Take the words [confessing your guilt] with you and return to the Lord.
Say to Him, "Take away all our wickedness;
Accept what is good and receive us graciously,
So that we may present the fruit of our lips (gratitude).*

It is also believed by the sages of Israel that on Yom Teruah (the feast preceding Yom Kippur), the entirely righteous and entirely wicked are sealed. It is decided during Yom Teruah whether you will live another year or die. But the fate of those in the middle (not hot, nor cold, but lukewarm) is held in balance between Yom Teruah and Yom Kippur. There is a final ten days of awe and repentance that can literally seal your fate.

During these 10 days of awe, between Yom Teruah and Yom Kippur, it is a final time for introspection and repentance. Grant Luton, Beth Tikkun Ministries, wrote a short journal with a daily devotional for each of the 10 days of awe.

[Click here to download: 10 days at 10 gates by Grant Luton](#)

Yom Kippur – Jewish Observance

"Isaiah 58:5 - As mentioned earlier, Yom Kippur is considered the logical extension of what began at Yom Teruah. In fact, the ten days of awe between Yom Teruah and Yom Kippur take on their own holy significance and are called Yomim Nora'im, the Days of Awe. Many Jews spend these days looking inward, contemplating how their inner life might be more pleasing to God. Personal relationships are evaluated, forgiveness and restitution are offered where needed, and reconciliation is attempted.

As the evening of the tenth of Tishri approaches, special preparations are made. Leviticus States that on Yom Kippur, Israel is to “deny yourselves”. This is taken, based on the Hebrew word oni, to mean “fast”. In the context Isaiah 58:5, this word is used specifically for going without food. Yom Kippur stands alone as a biblically commanded fast day, although there are many nonbiblical fasts. Before sundown, when the fast is to begin, it is customary to have a holiday meal and is even a requirement in order to set apart the fast day. As with other holy days, the table is set with the best linens and dishes. White is an appropriate color for linens and clothing, as it symbolizes the hope of the high holy days, the cleansing from our sins (see Isaiah 1:18).

Two candles are lit, and the blessings are said over the wine and challah (braided Shabbat bread).

After the festival meal, just before dark, Yom Kippur commences with the fast. The fast continues from sundown on the ninth of Tishri until sundown on the tenth. The evening of the holy day (Erev Yom Kippur) is perhaps the most holy occasion of the year. Jews flock to the local synagogues to hear Kol Nidre, a special cantorial prayer asking God to release from any vows that have been taken inappropriately. The origin of this petition goes back to the Middle Ages when many Jews were forcibly converted to Catholicism upon the threat of death yet still wanted to maintain their Judaism. Kol Nidre releases their anguish of having to convert.

The prayers during the services fervently plead that as Jews, the people can be written in the Book of Life for one more year. The holy day closes with the Ne'ilah service (the “closing of the gates”), and the final blast of the Shofar is sounded: tekiah g'dolah, a long, extended blast on the ram's horn. It is thought that the fate of each individual is sealed at that time for the upcoming year. Naturally, the hope is for a sweet and blessed spiritual year, which is illustrated in the break-the-fast meal that follows sundown.”

- Quoted from the Complete Jewish Study Bible

Yom Kippur – New Testament Observance

Romans 2:23-26. In this well-known passage Sha'ul (Paul) explains the significance of the atonement in the context of Yom Kippur. “God put Yeshua forward as the kapparah for sin through His faithfulness in respect to His bloody sacrificial death” (v 25). The word kapparah (translated as “propitiation”), is somewhat misunderstood today since it is not

commonly used. The Greek word contains the idea of appeasing an angry Greek god. While there may be some relationship, the Hebrew equivalent of the word is clear.

Kapparah means more than appeasement. It also means “atonement”, a term any Jew of the first century could understand. On the execution-stake, Messiah Yeshua was displayed as the kapparah, our sacrifice, the fulfillment of Yom Kippur.

Since the theme of atonement is so central to the message of the New Testament, it should not be surprising to discover other references to Yom Kippur within it. Luke 4:16-22 records that Yeshua is called to read the Torah in His local synagogue of Nazareth. After reading the powerful passage from Isaiah 61, He delivers a simple yet strong message, claiming to be the Messiah, the anointed one, who would set the captives free. Some of the classical rabbis believed this passage would be the words Messiah would speak to Israel when He came (Kimchi qtd. In Williams 76). The fact that this passage speaks of the Messiah as the liberator of the Jewish people has led other rabbis to speculate that Messiah would appear on a very special Yom Kippur in the Year of Jubilee. See Lev. 25:10)

- Quoted from the Complete Jewish Study Bible

Important Dates – Fall Feasts 2025

There are different calendars that are followed, the Bible commands us to use the sighting of the New Moon or the harvesting cycles to know when many of these feasts start. But this is related specifically to the land of Israel, and since we are not in Israel, we cannot use these physical signs to know exactly when to honour the feasts of the LORD. Since the authority was given to Judah (this tribe would later become the Jewish Nation), we align ourselves with the Jews as the leading authority today and as a sign of coalition we keep the feasts based on the Hillel calendar, which they also follow.

Hillel was a Jewish scholar and religious leader who lived in Jerusalem during the 1st century BCE. He is known for his contributions to Jewish law and his role in establishing the Jewish calendar.

Prior to Hillel's time, the Jewish calendar was determined based on observations of the moon and the harvest seasons. However, this method was not always accurate, and it led to confusion and disputes about when to celebrate important festivals.

Hillel proposed a new system for calculating the calendar based on mathematical calculations and astronomical observations. He established a 19-year cycle that included seven leap years in which an additional month was added to the calendar. This helped to align the lunar and solar cycles and ensure that the festivals fell at the appropriate times of the year.

Hillel's calendar became widely accepted by the Jewish community and is still used today to determine the dates of major Biblical feast days such as Passover, Shavuot, and Sukkot.

The below dates are based on the Hillel calendar. It is important to note that these are not set dates for the feasts, and they change yearly.

Yom Teruah / Feast of Trumpets

Lev. 23:24-25 "Tell the people of Isra'el, 'In the seventh month, the first of the month is to be for you a day of complete rest for remembering, a holy convocation announced with blasts on the shofar. ²⁵ Do not do any kind of ordinary work, and bring an offering made by fire to Adonai.'"

Starts at sunset 22 September 2025 – Ends at sunset 23 September 2025

Sabbath Days:

Sunset 22 September 2025 – Sunset 23 September 2025

Yom Kippur / Feast of Atonement

Lev. 23:27-28 "The tenth day of this seventh month is Yom-Kippur; you are to have a holy convocation, you are to deny yourselves, and you are to bring an offering made by fire to Adonai. ²⁸ You are not to do any kind of work on that day, because it is Yom-Kippur, to make atonement for you before Adonai your God."

Starts at sunset 1 October 2025 – Ends at sunset 2 October 2025

Sabbath Days:

Sunset 1 October 2025 – Sunset 2 October 2025

Sukkot / Feast of Booths

Lev. 23:34-36 "Tell the people of Isra'el, 'On the fifteenth day of this seventh month is the feast of Sukkot for seven days to Adonai. ³⁵ On the first day there is to be a holy convocation; do not do any kind of ordinary work. ³⁶ For seven days you are to bring an offering made by fire to Adonai; on the eighth day you are to have a holy convocation and bring an offering made by fire to Adonai ; it is a day of public assembly; do not do any kind of ordinary work."

Starts at sunset 6 October 2025 – Ends at sunset 14 October 2025

Sabbath Days:

Sunset 6 October 2025 – Sunset 7 October 2025

Sunset 13 October 2025 – Sunset 14 October 2025

Scripture Readings on Yom Kippur

- Leviticus 16
- Numbers 29:7-11
- Leviticus 18
- Isaiah 57:14-58:14
- Isaiah 52:13-53:12
- Jonah 1-4
- Micah 7:18-20
- Romans 3:21-26
- Hebrews 7-8
- Hebrews 9-10

Food and Celebration Ideas for Yom Kippur

Leviticus 23:27-28

Amplified Bible

²⁷ "Also the tenth day of this seventh month is the Day of Atonement; it shall be a holy convocation for you, and you shall humble yourselves [by fasting] and present an offering by fire to the Lord. ²⁸ You shall not do any work on this same day, for it is the Day of Atonement, to make atonement on your behalf before the Lord your God.

This is what we are commanded by God in His Word to do on Yom Kippur:

- Have a holy convocation (gather with a believing community to honor the LORD through prayer, repentance, studying His Word, worship, etc.)
- Humble yourself, afflict your soul – do this through fasting
- Present an offering (you are a living sacrifice, but also offering through giving to the widow, the orphan, the poor, the Levite)
- Do not do any work on this day
- Make atonement through prayer and repentance

Preparation

Since the day of Yom Kippur starts off with a fast, it is important to prepare for the period prior to the fast, the fast itself, and the feast you will have once the fast is broken.

Preparing your body for the fast is crucial. Start by taking in enough water at least a week prior to the actual fast. Although the temptation may be to eat as much as possible before the fast, try to limit salty foods and salt intake. Consume high-fiber foods that will provide sustained energy. It is customary to eat one big meal just before sunset, as the fast will start at sunset (remember, according to God's rules the new day starts when the sun sets).

The fast day on Yom Kippur is usually a fast of food and water. I would like to caution the following people to fast in a way that would be healthy for your body, and please refrain from this strict form of fasting if you are:

- Elderly and suffer from any health issues
- Have a chronic illness or disease that requires medication
- Diabetics

- Pregnant women
- Children
- If you have any other condition that could lead to serious damage to your health if you should fast water and food.

Remember; God commands us to afflict our souls on this day, so if you cannot do the full fast, fasting anything else as a form of obedience is important. God looks at our hearts, and He is interested in obedience, not sacrifice. For those who are healthy and fit and can do a full fast, I encourage you to push through and dedicate this day to fasting, prayer and repentance.

It is also important to not just afflict the soul through fasting food, but to refrain from anything that feeds the soul and is worldly entertainment: examples include watching TV, social media, etc.

Pre-fast menu (before sunset, before the start of the fast)

- Meat like roast lamb or chicken
- High carb, high fiber foods
- Bagels, egg soufflé, fruit salad

Post-fast menu

- Bagels, breads, spreads and cheeses
- Cake based snacks
- Savory meat
- Eating honey cake
- Something not too heavy, easy to ingest after a 24 hour fast.

How to celebrate Yom Kippur

Refrain from doing work so you can devote your day to prayer. Yom Kippur is known as “the Sabbath of Sabbaths,” so the rule against working on Shabbat also applies during this holy day. Instead, spend this time engaged in prayer, introspection, and repentance.

Traditionally on Yom Kippur you will dress up in white. This represents the atonement of our sins through the Blood of Yeshua. Erev (the evening of) Yom Kippur is the only night of the entire Jewish calendar when a tallit (prayer shawl) is worn in the evening. As a matter of fact, it is traditional to wear a tallit or a white garment for the whole day of Yom Kippur. The colour white symbolizes both our spiritual purity and our withdrawal from the vanities of this world.

Many will mikvah on Yom Kippur. Mikvah is the Hebrew word for baptism. You will Mikvah yourself to symbolize a new season, leaving behind the old and rising into the new. Washed and cleansed by God's Living Waters and being dressed in a garment of white.

Yom Kippur Prayers

Prayer of Repentance

- Father I am far from having the proper fear of You, lacking the respect and awe I should feel. If I do not stand before You in fear and trembling, as I should, how can I possibly ask You to forgive my sins?
- Father, I ask You to remove the blemish to my soul, and the damage to the continual existence of the earth caused by my sins.
- Please erase the transgressions I committed rebelliously, and the transgressions I committed when temptation overcame me.
- Help cleanse my heart from the impurities I allowed to penetrate.
- I have betrayed and have been dishonest to You, Father. You constantly see to my well-being, yet I have been ungrateful by reciprocating with evil.
- I have stolen from others, by peeking into their privacy, by using their possessions without permission, and more.
- I have slandered You and my fellow man. I have said one thing but meant another.
- I have corrupted others; I have deceived others from doing what is good and just.
- I have associated with and joined sinners, I have joined groups discussing nonsense, stupidly wasting time that could have been used more positively.
- I have defiled my lips with vulgar statements.
- I have been disrespectful to people.
- I have repeatedly lied to support other lies.
- I have purposely given others wrong advice to make other people sin, or to cause them embarrassment or financial loss.
- I have deliberately rebelled against Your will. I have turned my heart away from fulfilling Your commandments.
- I have deliberately sinned to please my own desires.
- I have committed sins solely for the purpose of rebellion.

- Father, You know all my thoughts, see everything I do, hear everything I say and record all my actions.
- You know all the secrets of mankind, all the things that are done in hiding in the hope that they remain unknown. You explore the innermost thoughts of every living person. You are everywhere and see everything.
- Therefore, may it be Your will to remove from my existence any trace of transgression I committed.

Prayer of Gratitude

Of all the gifts, Father, none is greater than the gift of life. I offer my thanks to You for my physical existence, for You are the sole Producer of Life. Nothing lives unless You want it to.

I thank You for the millions of miracles You perform for me at any given time, such as those throughout my body.

I thank You for the many wonders that surround me, yet I tend to overlook it. I forget that nature itself is one vast miracle.

I offer You heartfelt thanks for the many unearned favors You do for me, constantly each and every day.

I am overcome with gratitude for all the things mentioned and for the infinite other things not mentioned.

Since all good originates from You, You deserve all my praise. You are my stability and security in life, and my protection against physical and spiritual dangers.

You have given us this day of Yom Kippur, the day reserved for reconciliation, forgiveness, and spiritual cleansing. May this day mark the end of my sinning, as I am now determined to make the greatest effort not to transgress again. Your mercy is never-ending.

Amen and amen!

Yom Kippur Teaching: 666 and the Spirit of Knowledge

Yom Kippur is also known as the day of atonement or the day of judgement for all mankind, it is seen as the most holy day of the year, and the central theme to this feast is atonement and repentance. We find the commandment to keep Yom Kippur in Leviticus 23:26-32.

Leviticus 23:26-32

Complete Jewish Bible

²⁶ Adonai said to Moshe, ²⁷ "The tenth day of this seventh month is Yom-Kippur; you are to have a holy convocation, you are to deny yourselves, and you are to bring an offering made by fire to Adonai. ²⁸ You are not to do any kind of work on that day, because it is Yom-Kippur, to make atonement for you before Adonai your God. ²⁹ Anyone who does not deny himself on that day is to be cut off from his people; ³⁰ and anyone who does any kind of work on that day, I will destroy from among his people. ³¹ You are not to do any kind of work; it is a permanent regulation through all your generations, no matter where you live. ³² It will be for you a Shabbat of complete rest, and you are to deny yourselves; you are to rest on your Shabbat from evening the ninth day of the month until the following evening."

We are entering the time of fasting, of afflicting our souls and denying ourselves. Our sins have been atoned for by the Blood of the Lamb, the ultimate scapegoat that bore away the sins of the world.

Just as the first Adam's sin separated all of mankind from the presence of God, so the second Adam's sacrifice provides us the opportunity to regain an intimate relationship with our Heavenly Father.

Genesis 3:23-24

Complete Jewish Bible

²³ therefore Adonai, God, sent him out of the garden of 'Eden to cultivate the ground from which he was taken. ²⁴ So He drove the man out, and He placed at the east of the garden of 'Eden the k'ruvim and a flaming sword which turned in every direction to guard the way to the tree of life.

The cost of sin is death, death is separation. When Adam and Eve ate of the Tree of Knowledge of Good and Evil, their spirits died and they were banished from the garden, separated from intimacy with the LORD through their own sin. Note the Cherubim with the flaming swords that guards “the way” to the Tree of Life. The flaming sword is the Word of God, and it is the Word of God that will also judge us. Who is the Word of God? It is Yeshua, who became flesh and dwelled among us. The flaming sword of the Word brings death to the soul, death to sin, death to the seed of the Tree of Knowledge of Good and Evil.

How do we get back to the Garden of Eden, to the place of intimacy with our Father? The way is through the judgement of the Word and “the way” which is Yeshua. He is the only way back to the Father.

John 14:6

Complete Jewish Bible

⁶ Yeshua said, “I AM the Way — and the Truth and the Life; no one comes to the Father except through Me.

Through death of our soulish desires and our evil inclination, we enter into the way back to our Father. You see, Yeshua paid the full price to open the way to the Father, but we are to die to ourselves daily to attain that level of intimacy again that was lost when Adam and Eve sinned. Yeshua said:

Luke 9:23

Complete Jewish Bible

²³ Then to everyone He said, “If anyone wants to come after Me, let him say ‘No’ to himself, take up his execution-stake daily and keep following Me.

The Mixing of Seed

When Adam and Eve ate from the Tree of Knowledge of Good and Evil, there was a mixing of seed that took place. The holy and unholy cannot be allowed to mix, that is why they had to be abolished from the garden before they could also eat from the Tree of Life.

Hebrews 4:12

Complete Jewish Bible

¹² See, the Word of God is alive! It is at work and is sharper than any double-edged sword — it cuts right through to where soul meets spirit and joints meet marrow, and it is quick to judge the inner reflections and attitudes of the heart.

The flaming sword that guards the way back to the garden is for judgement of our souls and for the judgement of the seed of the enemy that was planted in our souls. Our souls should be ruled by our spirits, not the other way around.

What is the soul?

- Appetites
- Emotions
- Desires
- Intellect

The soul is what we have in common with the beasts of the field. When we look at creation, we note that the man and the beast were both created on the same day, the 6th day. That is why it says in Revelation 13:18:

Revelation 13:18

Complete Jewish Bible

¹⁸ This is where wisdom is needed; those who understand should count the number of the beast, for it is the number of a person, and its number is 666.

Adam was created in the image of God, not in the image of the beast. But we see that the serpent, who is called the most cunning of all the beasts of the field, convinced Adam and Eve to divorce themselves from the image of God and to conform to the image of the beast.

That is why Yom Kippur, which also corresponds to the 6th day of creation, is a day of judgement. We are being judged to see if we have conformed to the image of God, or the image of the beast.

What is the image of the beast? The beast will always succumb to its:

- Appetites
- Emotions
- Desires
- Intellect

When we are being driven by these, the attributes of the soul, we are conforming to the image of the beast. When Yeshua said to pick up our cross daily, and follow Him, He was telling us that there is a part of us that must die daily, and that part is our soul / the image of the beast.

The Mark of the Beast

Disclaimer: although I believe there will be mark of the beast in the end time, and we will be confronted with the choice to take it or not, this study below is not focussed on the physical mark of the beast.

The enemy is not a creator, he can only take what God already created, and kill, steal and destroy. The idea of marking your followers was by no means the idea of Satan, rather the beast / Satan stole this idea from God. It is yet again a defiled and copied version of what God does with His children.

Let's have a quick look at the copycat:

Revelation 13:16-17

Complete Jewish Bible

¹⁶ Also it forces everyone — great and small, rich and poor, free and slave — to receive a mark on his right hand or on his forehead ¹⁷ preventing anyone from buying or selling unless he has the mark, that is, the name of the beast or the number of its name.

Now let's look at the original seal or mark of the LORD:

Exodus 13:9

Complete Jewish Bible

⁹ "Moreover, it will serve you as a sign on your hand and as a reminder between your eyes, so that Adonai's Torah may be on your lips; because with a strong hand Adonai brought you out of Egypt.

Deuteronomy 11:18-19

Complete Jewish Bible

¹⁸ Therefore, you are to store up these words of Mine in your heart and in all your being; tie them on your hand as a sign; put them at the front of a headband around your forehead; ¹⁹ teach them carefully to your children, talking about them when you sit at home, when you are traveling on the road, when you lie down and when you get up;

Revelation 7:3

Complete Jewish Bible

³ "Do not harm the land or the sea or the trees until we have sealed the servants of our God on their foreheads!"

And who commands us to keep His Sabbaths holy, and tells us when it is acceptable and appropriate for us to buy, sell and work?

Nehemiah 10:32

Complete Jewish Bible

^{32 (31)} "If the peoples of the lands bring merchandise or food to sell on Shabbat, we will not buy from them on Shabbat or on a holy day.

Isaiah 58:13

Complete Jewish Bible

¹³ "If you hold back your foot on Shabbat from pursuing your own interests on My holy day; if you call Shabbat a delight, Adonai's holy day, worth honouring;

*then honour it by not doing your usual things
or pursuing your interests or speaking about them.*

We see here that God seals us on our foreheads and our hands when we keep His commandments, and part of keeping His commandments is knowing when it is appropriate according to Him to buy and sell, to work and rest.

So many people fear the mark of the beast, the time when they will not be able to buy, sell or work if they do not have this mark. But there is no fear or reverence for our God and what He commands us today in terms of buying, selling and working. We fear a time when we will have to make that difficult decision to take the physical mark of the beast, yet we succumb to the image of the beast today by the choices we make of disobedience to the Commandments of God.

Before something manifests in the physical, there is a spiritual manifestation. And I would like to suggest that God is much more worried about you being sealed by the mark of the beast spiritually, than He is worried about your body (please, this does not mean that I am telling you to go ahead when the time comes and take the mark of the beast physically, the Word of God warns us very sternly about the consequences of taking this mark). Think about it, when you die, what part of you will end up in eternity? Your soul will be the part of you that will be judged, your spirit will return to God from where it came before you were born. The body will just return to the dust where it was formed from. Yet we are so focused on the physical mark of the beast and how we will suffer if we do not take it, that we totally miss the spiritual marking of the beast.

We discussed in previous teachings how we are sealed with each feast and on the weekly Shabbat by the Spirit of ADONAI. That is the first step in being sealed either by God, or by the beast. Every time you keep a feast, and you honour the Shabbat, you are being sealed spiritually by the LORD. By default, when you do not honour the weekly Sabbaths and you do not show up for the appointed feast days, you are being sealed by the beast.

As you conform more and more to the image of the beast by being disobedient to the Word and Commandments of God, the Holy Lamp of the Spirit of God inside of you is being snuffed out by the wicked lamp.

What does the wicked lamp look like?

Proverbs 6:16-19

Complete Jewish Bible

*¹⁶ There are six things Adonai hates,
seven which He detests:*

*¹⁷ a haughty look, a lying tongue,
hands that shed innocent blood,*

*¹⁸ a heart that plots wicked schemes,
feet swift in running to do evil,*

*¹⁹ a false witness who lies with every breath,
and him who sows strife among brothers.*

The first 5 sins mentioned are all body parts, it is something you do, not who you are.

- A haughty look (haughty eyes)
- A lying tongue
- Hands that shed innocent blood
- A heart that plots wicked schemes
- Feet swift in running to do evil

But once you reach the 6th sin (that corresponds to the 6th day of creation when man and beast were created, and to Yom Kippur when you will be judged to see if you are comforting to the image of the beast or the image of God) – it becomes who you are. You become a false witness. It is not something you do, it is who you are, who you have become.

Just as we are sealed on the 6th day and the 6th feast that is Yom Kippur in the image of God, when you allow the wicked lamp in your life and you practice these abominations, you are sealed in the image of the beast. And what is the final step then? On the 7th day, the Sabbath, that also corresponds to the Feast of Sukkot (known as the feast of ingathering), instead of gathering with the saints and with the LORD, you become someone who sows strife among brothers. Someone who scatters and divides. This is the final seal, and on the 7th day you will rest in the image of who you have been sealed in. Once your spirit is sealed in the image of the beast, I believe it will be so much easier for you to also take the physical mark of the beast, because through your acts of disobedience you have already chosen your master.

What is the fruit of your life? Is there division and strife in relationships? Are you acting out of the spirit of humility or are you acting out of a heart of pride?

It is our own pride and the conforming to the image of the beast that separates us from intimacy with God. What is the very first thing that we see ignites the Wicked Lamp? A haughty look. It was pride that caused the sin of Adam and Eve, and it is still pride today that opens the door to sin in our lives. Every time you decide for yourself to follow your own ways, and ignore the instructions of God, you are acting out of a spirit of pride.

What is the Antidote?

Taking up your cross daily, denying yourself, following the Commandments of God, and doing so out of a place of humility.

James 4:6-10

Complete Jewish Bible

⁶ But the grace He gives is greater, which is why it says,

*"God opposes the arrogant,
but to the humble He gives grace."*

⁷ Therefore, submit to God. Moreover, take a stand against the Adversary, and he will flee from you. ⁸ Come close to God, and He will come close to you. Clean your hands, sinners; and purify your hearts, you double-minded people! ⁹ Wail, mourn, sob! Let your laughter be turned into mourning and your joy into gloom! ¹⁰ Humble yourselves before the Lord, and He will lift you up.

We are commanded here to take a stand against the Adversary, not conform to his image, but to rebuke him and oppose him. We are commanded to come close to God, so that He will come close to us. And to walk in humility with God.

The Spirit of Knowledge

During the feast of Yom Kippur, through atonement, we are being restored in our intimacy with the Father. We are sealed during this time with the Spirit of Knowledge. Many confuse the Spirit of Knowledge with information. The more we know the more pride we have. We think ourselves superior to others. This is the false knowledge that we attained through the eating of the Tree of Knowledge of Good and Evil.

The true Spirit of Knowledge is one of intimacy. Not of knowing stuff and feeling proud of all the knowledge you have! Let's look at some examples of what the word "knowing" or "knew" represent in the Word of God:

Genesis 4:1

Common English Bible

4 The man Adam knew his wife Eve intimately. She became pregnant and gave birth to Cain....

Genesis 4:17

Common English Bible

Cain's descendants

¹⁷ Cain knew his wife intimately. She became pregnant and gave birth to Enoch

Genesis 4:25

Common English Bible

²⁵ Adam knew his wife intimately again, and she gave birth to a son.

"The Spirit of Knowledge is a deep, mature love that exhibits an awareness of the needs and desires of another" – Dr Hollisa Alewine, Creation Gospel Series, Workbook 1.

Knowledge is a deep sacrificial love. We see this at Yom Kippur when our Messiah chose to pay the price for our sins, He chose to suffer so that our nakedness would be covered by His own blood, taking away judgement and suffering from the bride and bearing it Himself. So different from the first Adam who was all too happy to blame his bride for his sin.

The Spirit of Knowledge is relational, self-sacrificing, and self-disciplined. The Spirit of Knowledge helps us to consider our own actions and words, and the effects this may have on our Beloved and others. It is LOVE personified. And remember, love is a choice, not a feeling. We choose to love our Creator above all else by following His commandments, we choose to love our neighbour as ourselves.

We see that Yeshua Himself warns that we do not confuse miracles and the working of the Holy Spirit with an intimate, relational walk with Him.

Matthew 7:18-23

Tree of Life Version

¹⁸ A good tree cannot produce bad fruit, nor can a rotten tree produce good fruit. ¹⁹ Every tree that does not produce good fruit is chopped down and thrown into the fire. ²⁰ So then, you will recognize them by their fruit.

²¹ "Not everyone who says to Me, 'Lord, Lord!' will enter the kingdom of heaven, but he who does the will of My Father in heaven. ²² Many will say to Me on that day, 'Lord, Lord, didn't we prophesy in Your name, and drive out demons in Your name, and perform many miracles in Your name?' ²³ Then I will declare to them, 'I never knew you. Get away from Me, you workers of lawlessness!'"

He says: "I never knew you". This speaks of a lack of intimacy. We find this when we chase information dressed up as knowledge, but we do not work at having intimacy with the Father. He wants us to move in the power of the Holy Spirit and do all these great things, but first we need to have that intimate relationship and the rest will follow. We also see here that He directly links "I never knew you" with "lawlessness". How do we walk in intimacy with Yeshua and the Father? When we do the will of the Father, and that is by keeping His Law / Commandments.

We conclude this teaching with a passage from Isaiah 1, note the symbols of white clothing and redemption, and eating of the good of the land. But also, the warning about rebellion and the judgement of the sword.

Isaiah 1:18-20

Complete Jewish Bible

¹⁸ *"Come now," says Adonai,
"let's talk this over together.
Even if your sins are like scarlet,
they will be white as snow;
even if they are red as crimson,
they will be like wool.
¹⁹ If you are willing and obedient,
you will eat the good of the land;
²⁰ but if you refuse and rebel,
you will be eaten by the sword";
for the mouth of Adonai has spoken.*

I want to encourage you to use this day of fasting to ask the LORD to show you where you have conformed to the image of the beast and to snuff out the wicked lamp in you. To divorce yourself from the image of the beast, to draw near to God and to humble yourself in prayer and repentance before the LORD.

May we humbly accept the gift of our Messiah's redemption this day, may He have mercy on us, and cover us with His blood. May we be moved by the Spirit of Knowledge to deep intimacy, and sacrificial love for our Bridegroom. May we repent on this day and return with our whole hearts back to the Tree of Life!

Amen